Special Children's Trust

ANNUAL REPORT 2016

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Dear SCT Friends and Well-Wishers

Greetings from SCT Uganda!

It is with great joy that I send you this report. 2016 has been the most eventful and busiest year of our existence. In this year, we had the biggest turn up of children to all our centres and our outreaches, a number of new collaborations, a number of events and of course our 10th Anniversary Celebrations for Mukisa Foundation. You will get to read about all these in the report.

The last 10 years have been about exploring, learning, unlearning, and experimenting, as we tried to understand our children and families and the best way to meet their needs. I can now confidently say that we have learnt, we have grown and we have gained a fairly good understanding of our children, their families and of the environment in which we operate. All this can be summed up in our 360-degree model. The 360 model focuses on all aspects or factors that are necessary for the child with special needs to achieve their full potential. This can be illustrated as follows:
For a child with a physical and mental impairment, we would meet the child's health needs through our therapy, medical and nutritional department, their education needs through our catch-up class, inclusive classes, special or mainstream school re-integration, and/or through our vocational skills training program. Their social and economic needs are met through our family empowerment and income generation department.

We also learnt along the way that in order for a child to achieve their full potential, we need a safe environment outside the family home and our Premises. This is why we have invested greatly in advocacy, awareness and trainings for communities and policy makers about disability and have also joined several networks of likeminded people to add our voice to the different causes. Some of these have included engaging and educating parliament and different line ministries about the amending of the children's act to clearly include children with disabilities and the implementation of the Inclusive Education Policy.

Moving on to the next ten years, we will fine tune this approach and spread to as many areas as possible so as to reach more children and families through outreaches, and also work hard on our sustainability strategy to ensure that all we have achieved can continue for many years to come. This involves getting our 'Forever Home ' project started. To do this, we need to buy at least two acres of land on which we would build our model Inclusive Kindergarten and Primary School, Therapy Centre, Inclusive Play Centre, Conference Hall and Appliance Workshop.

Our Journey and story has been woven with so much love and many people who believed in us enough to walk alongside us and sometimes even carry us in times when we were too weak to move on. There has not been a single moment where we felt alone or overwhelmed. None of this amazing work would have been possible without such kindness, generosity and dedication.

All I can say is Thank you very much, Mwebale nyo, Herzlichen Dank, and if I could, I would say it in many more languages because we have been immensely blessed by people from all over the world. Together we have achieved so much but there are still so many more children to reach and lots more barriers to break. I continue to invite you along and hope that you will to be part of our Story/Journey for many years to come. Wishing you every blessing,
Florence and the entire SCT family.

Special Children's Trust

The Special Children's Trust (SCT) is an umbrella organisation for a number of projects working with children with special needs in Uganda. It was registered as a CBO (NAK/11/065) in 2010 and as NGO (S.5914/9715) in 2012, with the goal of consolidating the work and building a larger base for funding, management and a stronger voice for the plight of children with special needs in the country.

The Trust started in 2006 as Mukisa Foundation…*hope for children with special needs*. Mukisa Foundation is based in Lunguja, Rubaga division, Kampala with the aim to empower families who have children with special needs so that these children can lead purposeful lives to their full potential, through activities such as Therapy and Medical services, Special Needs Education and Vocational Skills Training for children and their families, as well as Income Generating Activities, Counselling and Parent Support Groups. Through the years, Mukisa has supported over 1000 children and their families.

There are also a number of outreaches started under Mukisa foundation, such as, Luwero and Nkokonjeru Outreaches, as well as the most recent addition this year, Bussi Island Outreach. These serve to take services closer to the people in rural areas.

In 2008, after realising that there was a big need for a safe place where children with special needs could be cared for and receive therapy under one roof, as well as have access to fun activities tailor made for them according to their abilities, Dawn Children's Centre was created in Bukoto.

The Dawn Centre is an Inclusive Kindergarten and Day Care facility which provides quality care for children with special needs and quality education where children with special needs and those without can have fun, learn and flourish together. They also offer therapy services in Physiotherapy, Occupational Therapy and Speech and Language Therapy.

Our MISSION

Reaching out in love, Offering Hope and Restoring Dignity to children with special needs and their families in Uganda

Our VISION

Building a Better and Safer Uganda for children with special needs

What do we do?

1. We provide quality care for children with special needs through Mukisa Foundation, Dawn Children's Centre and partnerships with other organisations and projects.

2. We run and facilitate Advocacy/Awareness campaigns, and trainings for parents who have children with special needs and their communities, students and all those interested in the plight of children with special needs.

3. Improvement of household incomes for families who have children with special needs.

4. Capacity building for organisations and staff members under the Trust.

5. Mentoring and management consulting for projects, organisations and schools working with children with special needs.

6. Fundraising and resource mobilisation.

7. Networking and linking organisations/projects and all persons with interest in the welfare and development of children with special needs in Uganda.

Why do we do it?

We at the Special Children's Trust believe whole heartedly that every child is a precious and unique gift that deserves to be loved, cared for and provided with an opportunity to learn, develop and grow.

UGANDA AND DISABILITY

According to the National Bureau of statistics, 19% of the Ugandan population has a disability. HOWEVER, this percentage does not account for children below the age of 5 years. Since the population of Uganda is more than 51% children, it is therefore estimated that over 3 million children in Uganda has a disability. Of these children less than 30% have had any form of intervention and only 5% have access to main stream education.

Many communities still view disability as a bad omen, punishment or curse for sins the parents must have committed. Some people see disability as witchcraft or a contagious disease that should be avoided, leaving families who have children with disabilities alone and isolated.

How do we do it?

We do this through;

1. Medical Care and Nutritional Support.

2. Physical/ Occupational and Speech Therapy.

3. Autism and Behaviour Therapies.

4. Inclusive Education and Day Care.

5. Vocational Skills Training.

6. Family Empowerment and Parent Support Programmes.

7. Outreaches Programmes in Luwero, Nkokonjeru and Bussi Island.

8. Advocacy and Awareness Days/ Campaigns.

9. Capacity Building, Trainings and Workshops.

10. Resource and Information Centre.

11. Networking.

Advocacy/ Awareness

The 4th ANNUAL AWARENESS AND FUN DAY was held on Friday 1st July. The event was organized by Special Children's Trust to bring together a large number of Organisations working with children with special needs in and around Kampala, to celebrate children with special needs and raise awareness.

We started with an Awareness March from Centenary Park to the MTN Sports Arena, followed by a day filled with presentations, music, singing, dancing, drama, modeling and more.

We were blessed to be joined by Madeline Stuart from Australia, the first professional model with Down Syndrome, together with Hon. Nakiwala Kiyingi, the Minister for Children and Youth, as our guests of honour.

The Minister gave a speech on behalf of the Vice President H.E Edward Ssekandi, promising that government would be more involved in the work of children with special needs and an inspirational and encouraging speech was also given by Madeline Stuart's mother.

A total of 32 organisations were involved this year with a total of over 1,000 children plus their parents, caretakers and siblings participating in the event.

The NETWORK FORUM MEETINGS are still ongoing with meetings twice a year and the number of Organisations representing children with special needs is steadily growing.

Thank you Mr Vice President; On Monday 19th September 2016 we conducted a follow up visit with His Excellency Edward Ssekandi to present him with a gift on behalf of Special Children's Trust for honouring our invitation to the 4th Annual Awareness and Fun Day and for his promise to take children with disability into consideration under the new National Children's Authority.
We discussed the representation of stakeholders for children with disabilities within this new authority and some of the challenges that are faced by Organisations working with children with disabilities, due to the lack of implementation of laws and policies concerning such children, such as inclusive education.

The Vice President pledged his full support to furthering our cause and promised to work alongside stakeholders to take action in making Uganda better and safer for children with special needs. We thank the Vice President for his acknowledgement of the challenges and needs of children with disabilities in this country and hope we can work together to bring about change.

MUKISA FOUNDATION

...10 years of hope for children with special needs

What do we do?

1) To be a one stop centre to equip guardians with skills and information to enable them to manage, understand and develop strategies to deal with disability and its consequences, for the delivery of an integrated and comprehensive range of support services nationally;

2) To establish an effective approach in promoting early intervention, in encouraging proper treatment and care that enhances children and adults with disabilities.

3) To create awareness and counsel among the public, on how to evolve, adapt and integrate children and persons with disabilities into modern, effective, efficient and creative care models by focusing adoption of new help care aids and technology.

4) To provide counseling services linking parents, guardians to other help service providers to link up with people in society to secure a better and stable home and care environment.

5) To promote and represent an advocacy forum for children and people with disabilities in homes, non-governmental institutions, civil society organization and public sector in general through existing agencies, such as, ministry of health and also directly with government authorities.

6) To set up Income Generating Activities for the support and sustainability of the Organization and create working opportunities for people with special needs.

7) To provide appropriate training and research facilities and services to various stakeholders in the Organization; To participate in training and research in various professions.

Mukisa Foundation is a comprehensive support centre (NGO) that was started in 2006 with the aim to support and empower families who have children with special needs so that these children can lead purposeful lives to their full potential.

Over the years, Mukisa Foundation has seen its numbers grow from the first eight children, to over 1000 children and their families, who have been blessed by the receiving of various forms of Therapy and assistance. Although Mukisa started by assisting families mainly within the Kampala area, there are now families from a much wider spectrum passing through.

Our MISSION

To support and empower families who have children with special needs.

Our VISION

To create strong family units which will enable children with special needs to lead purposeful lives to their full potential

DAWN CHILDREN'S CENTRE

Dawn was established in July 2008 to help support working parents who have children with special needs by providing quality care for their children within a safe environment and helping them to understand their children's condition so as to handle their situation more effectively.

In 2012 we expanded Dawn from only Day Care services to an Inclusive Education and Day Care Centre for children with and without special needs to learn, play and grow together.

It was the first of its kind in Uganda with all specialist services including Physio and Occupational Therapy, Speech and Language Therapy, Special/ Inclusive Education, Special Aids and a Resource and Information Centre under one roof.

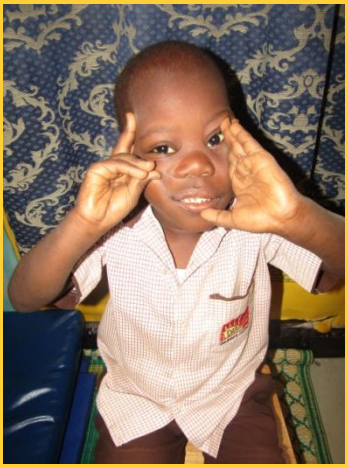
With a focus on Early Years Intervention and Early Childhood Development we take on children from the age of 8 months to 7 years.

Providing a safe environment where children with and without special needs can

HAVE FUN, LEARN and FLOURISH TOGETHER

...our Core Values

- INTEGRITY
- EMPATHY
- DILIGENCE
- ESTEEM
- TEAM WORK
- PUNCTUALITY
- PATIENCE



Therapy and Medical/ Nutritional Support

Total no new clients registered	208
New clients who started Therapy	101
Clients referred elsewhere	60
Did not return	47

A total of 101 new clients were added to the MUKISA FOUNDATION Therapy Programme in 2016 and the number of referrals increased as a lower number of clients did not return than the previous year.

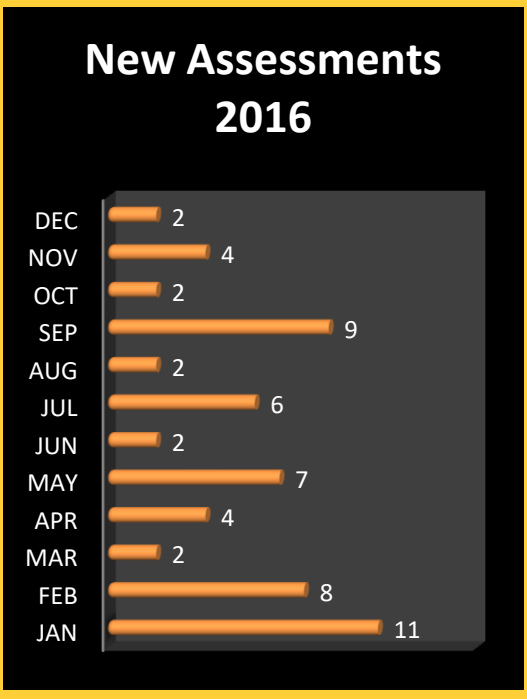
General therapy sessions carried out at Mukisa throughout the year, including both Physiotherapy and Occupational Therapy, are shown in the table below.

	Jan	Feb.	Mar	April	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	Total
Tue	10	56	90	82	93	96	102	81	95	109	115	45	**974**
Wed	23	43	115	84	89	134	121	78	105	95	94	48	**1029**
Thur	26	51	110	85	50	79	91	87	122	118	117	100	**1036**
Fri	21	66	103	100	46	83	67	92	116	97	99	65	**955**
Total	**80**	**216**	**418**	**351**	**278**	**392**	**381**	**338**	**438**	**419**	**425**	**258**	**3994**

Therapy attendance throughout 2016 was good and there was a great increase in interest and participation from the mothers, who are showing a greater understanding of why therapy is done and have started to do more therapy activities with their children at home.

Total new Assessments carried out	59
New clients who started Therapy	31
Clients referred elsewhere	1
Did not return	27

A total number of 31 new clients joined DAWN CHILDREN'S CENTRE for therapy in 2016. 24 of these enrolled in full time school/ day care and 7 signed up for drop in therapy sessions.



Results of assessments completed are seen in the table on the left according to months.

A variety of conditions were observed in the children who were seen for new assessments this year including, Autistic Spectrum Disorder (ASD) (32), Cerebral Palsy (CP) (18), Developmental Delay (5), Learning Disability (1), Microcephalus (1), Hearing Impairment (1) and Hemiparesis (1).

This year the total number of children receiving therapy at Dawn was; Physiotherapy (29), Occupational Therapy (68), Behavioural Training (34) and Speech and Language Therapy (55).

PHYSIOTHERAPY is provided at both Mukisa and Dawn for all children with physical challenges, using the Neuro-Developmental technique; Bobath. Mukisa has 2 and Dawn has 1 Physiotherapist.

OCCUPATIONAL THERAPY is provided for all children at both Mukisa and Dawn with physical or mental disabilities. Its main focus is on functional activities in assisting the children to become as independent as possible with activities of daily living, as well as, play and appropriate social interactions. Mukisa has 2 and Dawn has 3 Occupational Therapists.

BEHAVIOURAL THERAPY is provided at both Mukisa and Dawn by the team of Occupational Therapists, for children with Autism or Behavioural Challenges. Its focus is on helping children to understand social rules and routines, as well as develop appropriate social and physical behaviours.

SPEECH and LANGUAGE THERAPY is provided at both Mukisa and Dawn by 1 part time Therapist visiting both centres. Its focus is on exercises of the mouth, jaw and tongue to assist children in developing correct positioning of the tongue and mouth for forming appropriate sounds or words, as well as to assist with appropriate chewing patterns when eating. It also involves developing appropriate methods of effective communication for each child, including both verbal and non-verbal.

As well as Therapy, MEDICAL and NUTRITIONAL SUPPORT is also an important focus of Mukisa Foundation. It is extremely important for children with special needs in order to ensure good health and continued development. Mukisa Foundation partnered with doctors and major health providers in the region to ensure that all children in their care received proper healthcare and supplements when needed in 2016. This year saw a major increase in the number of children receiving nutritional support.

- 56 children were referred to major hospitals, such as, Mulago, Rubaga and Butabika, for further management and proper healthcare. Of these referrals 15 were made from Mukisa and 41 were made from outreaches.
- 110 children received medication from Mukisa Foundation for different ailments, on a regular basis or once in a while.
- 35 children received medical support through financial contributions to hospital bills and upkeep in terms of cash, amounting to a total of 1,182,000/-
- 259 children received nutritional support to boost their health.

Meet IAN SEBUNYA

My name is Judith Namwaya. At age 20, I got pregnant with my first child. I did not know what to expect so I tried to get as much information as possible from those who I thought had more experience, but never went to any hospital or did any scans. I was told that as a first time mother, labour would be long, hard and severely painful. So when mine started, I waited for the intensity of the pain to increase so as to go to hospital. Unfortunately, the pains became too much and too fast that they could not get me to a hospital in time, so my family opted to take me to a small clinic close to home.

After many hours of intense pain and no child, the midwife discovered that the umbilical cord was wrapped around the baby's neck. It took more than 10 hours of manual manipulation to get the child out. By that time, the baby, a baby boy who we named Ian Sebunaya, was too fatigued, and did not cry for four hours. Once his condition stabilised, we were sent home where I discovered that the child could not breast feed and was crying non-stop. The crying stopped eventually, but the child did not develop the same as other children.

By 8 months Ian had not started sitting, had very stiff legs and arms that he could not use at all. Those were really hard times!!! I was so confused and did not know what to do, but cry. I got so depressed. I could not cope with anything. I neglected my child, myself and even my husband. I isolated myself from others, locked myself in the house and wished for death, because then I felt I would escape from the comments, stares and especially the feeling of failure and hopelessness that I felt, every single day! But one day, I realised that this was not helping and that my Ian was not going anywhere, so I got up and started to fight for my child. I started by doing massage and putting him in a sitting position daily. I slowly started opening up to people again.

One day, my mother-in-law came to visit and told me that she had heard about Mukisa Foundation, a place that helps children like Ian. I was hesitant to try it, but my husband offered to come with me, so we went. At Mukisa Foundation, I found a place of rest. My child was given the appropriate therapy, which has helped him to sit, stand, feed himself and he is now beginning to walk with support. For me and my husband, we have found the love, support and encouragement we need from the Mukisa team and other parents. We know that we are not alone in this and believe that Ian will achieve much more than we ever dreamed of.

My only regret is that I did not find out about this place sooner, for maybe I would not have suffered for as long as I did and Ian would be much better off.....

Meet ALOYSIOUS SEBUUFU
the little fighter...

Aloysious's story is one of a child who has had to fight all odds to survive, but with the love of his dedicated grandparents and the help of Mukisa Foundation, he will not only survive, but thrive to his full potential.

Aloysious was born to very young parents, whose relationship broke up three months after he was born. He was raised by his mother until the day when she decided to look up his father for financial support. She was informed by the father's family that the dad had died in car accident two months prior to her arrival, but she was welcomed to live with them and take care of her son.

She only stayed with them for two days then she ran off under the pretence of going to the local shop for soap. They have not seen or heard from her ever since.

Aloysius was then left in the care of his grandparents who had no hope of him living for long because he was severely malnourished weighing only 5kg at over one year of age.

The grandparents were referred to Mukisa Foundation by one of the other Mukisa Parents, were he was immediately put on nutritional support and later therapy.

He improved remarkably fast, for in three months he had gained 10 kg and was able to say a few words.

He is currently still under the therapy program, but there is a lot of hope for him to join school very soon. The grandfather is extremely proud of his grandson and grateful to Mukisa Foundation for saving his life.

Meet ARONDA TAHSIN

the little smiler...

Aronda Tahsin, was just 1 year and 2 months old when he came to Dawn Children's Centre with mummy for an assessment. We met him in Term 3 of 2016. He was so small for his age you wouldn't imagine he was even 1 year old. He had muscle weakness due to under nourishment and would just sit in one place rocking backwards and forwards unresponsive to his surroundings. He could sit and roll, but was unable to transfer from lying to sitting, unable to crawl, stand or walk.

At Dawn he received, Occupational Therapy and Physiotherapy, as well as being enrolled into Playgroup where he was involved in a lot of stimulating activities and sensory play. Other children would sit and play with him, not giving him a chance to choose whether he wanted to interact or not.

By the end of term there was a huge change in Aronda's presence in the classroom. He was much more social, he started vocalizing and making sounds in response to you when you talk to him or to get your attention. He started interacting more with the other children and would SMILE, the cutest, biggest smile you have ever seen would brighten up his face as he looks up at you from these big brown eyes. He was also able to stand with support and even started dancing by bobbing his head and bending his knees.

Mummy was so happy with the progress he made during just 1 term and we were all delighted to hear that he started shuffling along on his bottom to move from place to place during the holidays.

HOME BASED CARE and SOCIAL WORK

HOME VISITS are a critical component of care to assess the family/ home situation of any child and ensure that they are in a safe environment that will enhance their well being, as well as that of the family at large. They allow us to take Therapy and other services into the community and closer to the families, teaching them techniques to allow them to care for their children better and making important observations about the home environment of each child, as well as improve follow up and documentation.

A new activity started at the centre in 2016 was the Parents Personal Savings Scheme.

A total of 71 parents joined this scheme and were able to save a total of 13,922,000/- shillings combined.

Our savings star of the year award 2016 goes to a parent who was able to save the highest individual total of 1,420,000/- which she plans to use for the purpose of paying school fees for her daughter and starting her own charcoal business.

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'I have learnt that I have to believe in my child and that I need to struggle to understand my child's potential.' said the mother.

Mukisa Foundation: THE 360 APPROACH

Isma's Mother, Miss Nansereko Jane, remembers her pregnancy as one without any serious problems, apart from the malaria she suffered when the pregnancy was two months old. She remembers to have gotten treatment which made her better immediately and she was able to give birth at full term through normal delivery. So, it was a complete shock when her new born child was taken away from her into the special care unit for twelve days without explanation.

It was much later, after Isma failed to achieve any milestones that the parents were told that he had suffered severe meningitis and as a result acquired a condition called Cerebral Palsy. Not having understood the gravity of the situation, the parents sought for solutions and cures from everywhere. They were asked to do very expensive tests including CT SCANS, which they hoped could help the doctors find a cure for their son. When Isma was about One year old, a concerned friend referred them to Cure Hospital in Mbale where they were promised an operation that could make him walk. It was at Cure that they were told the severity of Isma's condition and were advised to bring the child to Mukisa Foundation for therapy as no possible operation could cure him. They joined Mukisa Foundation in May 2015, and according to the Mother, it was a real struggle coming to terms with Isma's condition, but she slowly came around as she saw his improvement in motor skills with Therapy. She was also encouraged by meeting other parents, who in some cases had children who were more severe than Isma.

In 2016, Mama Isma became one of the mothers that learnt how to make soap and shampoo, as their Income Generating Projects. She started with a capital of thirty thousand Ugandan shillings (30,000), but realized that she could make profits of more than double her capital.
She also joined the parents saving group in which she saved a total of six hundred and forty thousand (640,000 shillings), which she used to open up a clothes and shoes business.
At the beginning of this year she was elected as the vice chairperson of the parents saving group of Mukisa Foundation. Mukisa Foundation has not just given her confidence in her child as a mother, but has also given her confidence and hope for the future. She is currently saving with the hope of buying a plot of land on which she can build rental houses to make her family financially stable.

FAMILY EMPOWERMENT

MUKISA FOUNDATION

A large number of empowering and informational workshops were carried out in 2016 involving medical and nutritional information, disability training, sensory integration and more, as well as, income generating skills training and celebrating parenting workshops.

A DENTAL Workshop was conducted on 29th April by Hellen.

A total of 47 parents attended the workshop where they learnt about;

- Dental care,
- Correct brushing techniques,
- Use of appropriate toothbrush and toothpaste,
- Natural extraction of milk teeth among infants.

A NUTRITIONAL Workshop was conducted on 24th March and 4th August by a team of health workers from Lubaga Hospital.

A total of 60 parents attended the training where each child present was given a malnutrition screening. Some children were found to be malnourished and were therefore referred to the Lubaga Nutrition Department for further management.

Parents were taught how to prepare classes of foods with different food values in one meal, as well as, making oral rehydration salts from local sugar and salt.

A GYNAECOLOGY Workshop was conducted in September with facilitation from an AAR Gynaecologist.

A total of 32 mothers attended the workshop where they were given an opportunity to ask questions about their own health and how to maintain their health as a woman.

A GENERAL DISABILITY Workshop was conducted on 24th November in which parents were given information about causes of disability, prevention and intervention.

A total of 51 parents attended the workshop where they learnt about;

- Definition and types of Cerebral Palsy,
- Risk factors of Cerebral Palsy and Intellectual Disabilities,
- How to reduce risk of Cerebral Palsy,
- Associated problems, Hydroecphalus and Genetic Spinal Muscular Atrophy,
- Spina Bifida.

A HEPATITIS Workshop was conducted on 13th December.

A total of 13 parents attended the workshop where they received free Hepatitis screening and immunization, as well as, education on the importance of immunization against Hepatitis.

MUKISA FOUNDATION

A POSITIVE PARENTING Workshop was conducted on 27th April, facilitated by CRANE Network and moderated by Mr Joel from Scripture Union.

A total of 47 parents attended the workshop in which they discussed parenting styles and informative insights into how to raise your children more effectively.

A celebration of Mother's was conducted as always at our Annual Pampering Day.

This year our Mother's Day was sponsored by the Miss Uganda Foundation in which 58 of our mothers were given special treatment in the form of

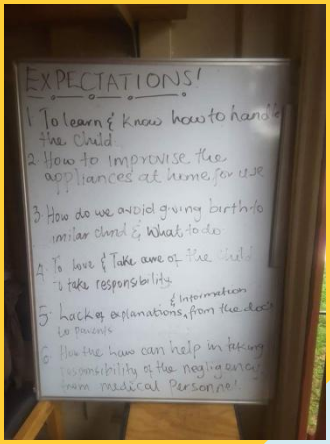
- massages,
- pedicures and manicures,
- facial treatments,
- make overs including make-up and a change of clothes.

Our mothers were encouraged and inspired by the love shown to them throughout the day.

A celebration of Father's was conducted in two workshops designed to empower father's to be involved in the lives of their children with special needs.

A total number of 60 fathers took part in the workshops where they were able to learn about disability, how they can help their children with special needs and where they were also given an opportunity to express their views and fears.

It is the most successfully attended father's workshop to date and we hope to see even more numbers next year.



Parent's trainings and workshops were received well by parents at Dawn Children's Centre throughout 2016 with many commenting that the workshops were very informative and helpful.

- GENERAL INTRODUCTION TO DISABILITY workshop was held on 30th July with 30 parents in attendance.
- MENTAL DISABILITY; with a focus on AUTISM workshop was held on 13th August with 29 parents in attendance.
- UNDERSTANDING BEHAVIOUR workshop was held on 27th August with 17 parents in attendance.
- POSITIVE PARENTING workshop was held on 10th September, conducted by Scripture Union with 40 parents in attendance.
- SENSORY INTEGRATION workshop was held on 1st October with 27 parents in attendance.
- A hands on DIET and NUTRITION workshop was held on 29th October with 20 parents in attendance.
- COMMUNICATION and Speech Therapy workshop was held on ??? with 21 parents in attendance.

INCOME GENERATING ACTIVITIES

Three workshops were held to teach parents a variety of income generating activities including;

- **Hair Shampoo Making Workshop**
  This is the newest skill to be introduced to parents last year. A total of 57 parents attended the training and over 50 have begun making their own shampoo.
- **Soap Making Workshop**
  This skill started 4 years ago but is still the most popular income generating activity among the parents. Parents love it because it requires very little capital to start and soap is something that the family can use in the event that there are no buyers. 73 parents have been trained in this skill in 2016.
- **Rugs, Door Mats and Carpet Workshop**
  At the beginning of 2015, the head teacher of Mukisa School introduced Carpet making out of knitting threads. This has slowly been modified by the parents to include all types of rugs and door mats. However, only 14 mothers have perfected the skill in 2016 because of it's complex nature and much attention is required.

SPECIAL and INCLUSIVE EDUCATION

MUKISA SCHOOL and AUTISM CLASS

MUKISA FOUNDATION

MUKISA SCHOOL was running from Tuesday to Friday every week during 2016. They started off the year with 6 children attending class in January and throughout the year a total of 9 children joined the class to receive special education, with the view to helping them to catch up and progress in their academic education.

Unfortunately 3 children dropped out during the year due to parent choice.

We plan to extend the number of school days in 2017 to include Mondays and allow the children to attend class 5 days a week.

AUTISM CLASS has proved a successful addition to the Mukisa services over the years. The class had a total of 4 children in 2016. These were Alvin, Ashley, Moses and Cedrine. Attendance and progress was good throughout the year.

Due to the increased number of children attending general therapy sessions, the Occupational Therapists were able to train a number of volunteers in how autism class works and the importance of a variety of activities on the timetable. With regular input and advice from the Therapists, the class was run successfully by volunteers during the year and the children continue to make steady progress.

CREATIVE LEARNING CENTRE

MUKISA FOUNDATION

THE CREATIVE LEARNING CENTRE (CLC) was set up in partnership with CRANE Network for girls who have dropped out of school or have never been to school because of disability. We accept girls between the age of 9 and 35.

The role of the CLC is to build independence, confidence and self esteem, as well as teach the girls useful skills. Many of the girls start when they have no independence in self care or hygiene and aggressive behaviour. Some of the things they learn in CLC classes are:

* Self care/ Hygiene skills, such as, bathing, brushing teeth and others.
* Social skills and interaction with others.
* Basic numeracy and literacy skills.
* Drama and Sports.
* Child Protection and keeping themselves safe.
* Housework.
* Crafts and skills, such as, making table or door mats, scarves and bead work.

CLC identifies skills each girl shows an interest and potential in and once a certain level of independence is reached they are promoted to Vocational Class to build on the development of those skills.

12 girls continued with CLC into January 2016 and throughout the year 26 new girls joined the programme.

A total of 38 girls were trained in the CLC throughout the year 2016.

Unfortunately 4 girls dropped out of the programme during the course of the year, but another 13 girls we able to be re-integrated into their communities successfully.

At the start of the year the girls' attendance at CLC classes was very poor. After investigation, it was found that the majority of girls were hindered from coming by transport issues.

This problem was addressed by CRANE Network in June when they provided the Centre with a new bus to transport the girls to and from school. This made a huge difference in levels of attendance for the second half of the year.

VOCATIONAL CLASS

MUKISA FOUNDATION

VOCATIONAL CLASS teaches a number of skills, such as, basket weaving, bead work, knitting sweaters or scarves, making envelopes and tailoring, as well as encouraging good personal development in hygiene. This is in order to increase independence, reintegrate the students into society and help them earn a living.

We hope to build on the vision for an Apprenticeship Programme in 2017 and register the Vocational School under Ministry of Education with the implementation of 3 year progarmmes in tailoring, housekeeping, catering and knitting, as well as other classes in general or basic life skills and extra-curricular activities in arts, dance and drama.

6 students continued with Vocational Class into January 2016 and throughout the year 3 new students were added.

Two of these students were Lillian and Doreen who were promoted from the Creative Learning Centre in September and the third was Patricia. Patricia joined the Vocational Class in August, as unfortunately she fell seriously ill at school during the year and was unable to go back to mainstream education. She is however now making progress with skills training.

By the end of June 2016, Christine Mirembe had completed learning in all of the vocational skills in her area of interest and was awaiting graduation when she had to drop out of school due to worsened epileptic convulsions and serious illness.

DAWN INCLUSIVE KINDERGARTEN

Dawn Children's Centre, Inclusive Kindergarten was started in 2012 and has a total of 5 classes; Zebra Class, Special (Tex) Class, Baby Butterflies, Middle Leopards and Top Giraffes. These classes are inclusive catering for the educational needs of children with special needs and children without special needs, providing them with an opportunity to have fun, learn and flourish together.

Out of the 54 children that ended 2015 enrolled at Dawn Children's Centre, 11 did not return in January 2016. 4 of these graduated from Top Class and moved on to Primary One in other Kampala schools, whilst 7 did not return for a variety of other reasons.

Therefore, January 2016 saw Dawn start with a total of 43 children. Those with special needs enrolled in school (35), those with special needs enrolled for drop in Therapy sessions (2) and those without special needs enrolled in school (6).

Throughout 2016 a total of 37 new children were added to the Dawn register.

Those with special needs who enrolled in full time school were 25.

Those with special needs who enrolled for drop in therapy sessions were 7.

Those without special needs who enrolled in full time school were 5.

By the end of 2016 the number of children who dropped out of school along the way was 12 and Dawn ended the year with a total of 68 children enrolled.

Those with special needs in full time school, 53.
Those with special needs for drop in Therapy, 5.
Those without special needs in full time school, 10.

Out of these 68, we saw 9 children graduate from Top Class including 4 children with special needs and 5 children without. 5 will be enrolling in other Kampala schools for Primary 1 in January 2017 and 4 will be coming back to Dawn Children's Centre to continue with Primary 1 studies.

Total number of children who received education, skills training and sensory stimulation from each class this year, 2016.

Zebra Class	29
Tex Class	12
Baby Butterflies	19
Middle Leopards	12
Top Giraffes	11

OUTREACHES

OUTREACHES are an important part of the Mukisa schedule in bringing much needed services to the communities and villages.

In January 2016 we continued with outreaches in Luwero; Katikamu and Luwero; Mamuli, as well as Nkokonjeru, where children were given services in Therapy, Dispensing of Medication and Health Education. Medical referrals were also made to Rubaga Hospital, CoRSU and CURE Hospital.

Unfortunately the number of clients in Katikamu and Mamuli greatly reduced, therefore a bigger village was found; Kasana Village; and a baseline survey was carried out in April.

A total of 102 clients attended the baseline survey in Kasana and it was decided to discontinue the outreaches in Katikamu and Mamuli and move the work to Kasana.

A new outreach was also added on Bussi Island and a baseline survey was carried out in May 2016.

Outreaches conducted in 2016 were as follows;

DATE	LOCATION	No of CLIENTS
26th February	Luwero; Katikamu & Mamuli	23
29th April	BASELINE SURVEY in Luwero; Kasana	102
4th May	BASELINE SURVEY on Bussi Island	43
27th May	Follow Up in Luwero; Kasana	91
26th August	Luwero; Kasana	35
18th October	Follow Up on Bussi Island	27
25th November	Luwero; Kasana	41
	TOTAL	362

A total of 362 clients were seen during outreaches in 2016 in Luwero and Bussi Island and Nkokonjeru has a permanently situated Occupational Therapist on site with a total of 64 clients.

the BUSSI ISLAND STORY

Bussi Island is located in lake victoria. The island made up of several small islands, such as, Bussi, Gulwe and Zinga. There is an estimated population of 10,000 people. Although only about 33 Km from Kampala, these islands are quite remote and devoid of services. The only connection to the main land is by dug-out canoes, and most of the islands have a health centre three statues hospital run by unqualified village heath team workers(VHTS).

In April 2016, Mukisa foundation carried out a baseline survey on Bussi, which is the biggest of all these islands. The baseline survey showed that there were a number of children on this island with a wide range of disabilities that had never received any medical intervention. It also showed that most of the disabilities were caused by preventable or treatable diseases, which had not received timely attention. This assessment helped to confirm the need for an outreach program on this island.

ince the baseline survey, three other outreaches were carried out in 2016, a total of 43 children came regularly to the outreach for Medication for epilepsy and seizures, Physiotherapy, Occupational Therapy, Counselling, and a number were referred to other hospitals for other interventions and management. There are also five children who have so far received operations at CORSU hospital for orthopaedic conditions.

The Bussi Island Outreach will be continued throughout 2017 with a view to expanding our links with the Island Leadership and increasing mobilisation amongst the villages on the island.

EVENTS and ACTIVITIES

THE PONY CYCLE was a day event at Mukisa Foundation, where a kind person brought a variety of soft, ride along animals to the centre for the children to enjoy. There was a pony, a zebra, a giraffe and other animals some children were able to operate themselves and others required some assistance to operate. The children had so much fun riding around.

OUR SCHOOL TRIP TO THE FARM was one of the most exciting school events this year, where children from both of our Centres, Dawn Children's Centre and Mukisa Foundation joined together for the day.

We went to an agricultural farm where we were able to see a variety of animals, such as, goats, pigs, cows, rabbits, fish, chickens, as well as a variety of plant life. The children were very excited as they were even able to hold some of the smaller animals.

Afterwards we joined up at Kiwatule Recreation Ground. We had lunch, played on the outdoor playground and ended an amazing day with a train ride.

It was a wonderful day of education and fun.

MUKISA FOUNDATION 10th ANNIVERSARY PARTY and Christmas Celebration was held on 22nd December.

10 years have passed since Mukisa first opened its doors in 2006 and what a blessing it has been to all the families that have encountered the assistance and love they need from everyone involved.

The last 10 years have seen love, joy and hope spread throughout over 1000 children with special needs and their families in Uganda through medical and nutritional support, therapy services, special education, vocational skills training, income generating activities for parents, as well as counseling, parent support groups and more.

We had a big celebration with Mukisa parents and their children, as well as friends and supporters of Mukisa Foundation, both National and International. It was an amazing day filled with a variety of presentations from both parents and children, face painting, good food, singing, dancing, laughter, fun and even some tears as parents gave testimony of how Mukisa Foundation changed their lives and the lives of their children with special needs.

We would like to thank all the friends, partners and sponsors who have supported Mukisa over the years for without you this work would not be possible. Extra Special thanks goes out to the Vice President of Uganda, H.E Edward Ssekandi for honouring our invitation to be guest of honour at our celebration and for showing continued interest in our children with special needs.

DAWN CENTRE SPORTS DAY took place on Saturday 20th August 2016.

We had a great time with a mixture and variety of different games, races and activities for all abilities. We had relay races, getting ready for school races, pass the ball races, team games and so much more. All our children were able to participate in one form or another, those with special needs and those without cheering each other on to success. We even had wheelchair races. The parents were amazed as always at the things their children could achieve after weeks of practice and with some assistance where necessary. Sports Day always turns out to be a wonderful family day filled with love, fun, laughter, joy and smiles.

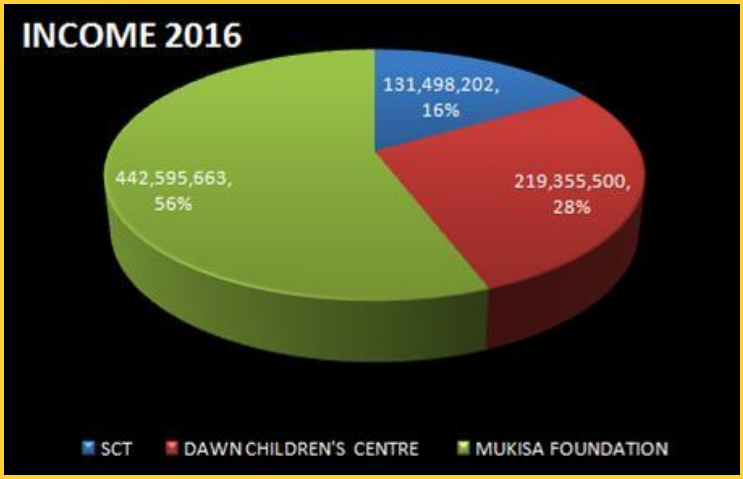
DAWN CENTRE end of year GRADUATION and CHRISTMAS PARTY took place on Saturday 10th December 2016.

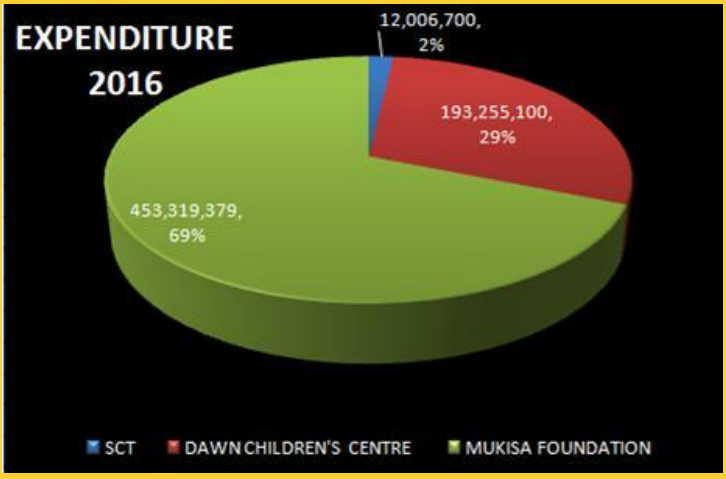
The children had been practicing so many presentations for weeks. Singing Christmas songs, dancing, drama and acting out a play that told of the Christmas story and how Jesus is the most marvelous gift. Children who started Dawn when they had no or very little speech were even given speaking parts in the play and a number of children also learnt to recite a Christmas poem in German. Some children also gave a teaching presentation to the parents to help them understand how our literacy classes in Jolly Phonics work. It was a lovely sunny day in which the presentations were made by children of all abilities.

The day ended with our Top Class Graduation ceremony. We all cheered as the children danced out in front of their parents one by one dressed in smart attire, topped off with a graduation cap and gown. Children with special needs and children without both graduated together, received certificates and blessings as they continue their education journey to Primary school.

It was a joy to see the children so happy that they and their achievements were being celebrated.

FINANCE 2016





Total Income for 2016 equals:

793,365,449/=

Total Expenditure for 2016 equals:

658,581,179/=

SPECIAL CHILDREN'S TRUST DIRECT INCOME	
EVENTS	120,000
CASH DONATIONS	58,302,600
DONATIONS IN KIND	73,075,602
TOTAL	131,498,202

DAWN CHILDREN'S CENTRE INCOME	
PARENT CONTRIBUTIONS	205,893,000
GUESTHOUSE	6,369,000
EVENTS	2,694,500
CASH DONATIONS	4,399,000
TOTAL	219,355,500

MUKISA FOUNDATION INCOME	
Balance carried forward 2015	20,690,809
EWU	189,073,100
Kinder Mission	14,883,847
Medical	1,865,000
Dutch Church	10,000,000
IGA	2,240,000
Guesthouse	29,439,925
MIKWANO	20,426,882
ELMA Philanthropists	79,750,000
Craft Shop	8,218,000
Gift Donations	1,000,000
School	4,893,000
Baylor UG	899,000
Donations in Kind	59,216,100
TOTAL	442,595,663

EXPENDITURE BREAKDOWN	
ADMIN	31,249,999
HOUSEKEEPING	42,077,425
RENT and UTILITIES	48,209,025
FOOD	44,835,721
TRANSPORT	17,575,300
EDUCATION	35,545,600
EVENTS	28,783,750
OUTREACHES	7,982,000
STAFF	268,132,809
MEDICAL	13,461,350
CRAFTSHOP	17,744,000
HOME VISITS	5,198,000
INDIVIDUAL SUPPORT	3,332,000
GUESTHOUSE	31,254,000
SCT PROJECTS	4,586,200
ASSETS	56,114,000
BUSSI ISLAND DEVELOPMENT PROJECT	2,500,000
TOTAL	658,581,179