

ANNUAL REPORT 2015

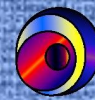


SPECIAL CHILDREN'S TRUST





Table of Contents...



Annual Report 2015; Special Children's Trust.....	Page 1
Table of Contents.....	Page 2
From the Director.....	Page 4
SPECIAL CHILDREN'S TRUST,	
Who we are and what we do.....	Page 5
Our Mission; Our Vision.....	Page 6
Success Story; Victo Kisawuzi.....	Page 7
Advocacy and Awareness,	
Fun Day 2015.....	Page 8
Network Meetings.....	Page 8
Teacher Training.....	Page 8
Parliamentary Visits.....	Page 8
MUKISA FOUNDATION,	
Our Background.....	Page 9
What We Do.....	Page 9
Our Core Values.....	Page 9
Hope for children with special needs.....	Page 10
Our Mission; Our Vision.....	Page 10
DAWN CHILDREN'S CENTRE	
Our Background.....	Page 11
THERAPY; Mukisa Foundation.....	Page 12
THERAPY; Dawn Children's Centre.....	Page 13

EDUCATION,

Mukisa School.....	Page 14
Special Class.....	Page 14
Autism Class.....	Page 14
Creative Learning Centre.....	Page 15
Vocational Class.....	Page 15
Success Story; Joel Kiyingi.....	Page 16
Success Story; Hilda Nambi.....	Page 16
Dawn Inclusive Kindergarten.....	Page 17
Success Story; Peyton Sepuya.....	Page 18
Success Story; Melissa Ondoga.....	Page 18
Medical and Nutritional Support; Mukisa.....	Page 19
Home Based Care; Mukisa.....	Page 19
Advocacy and Awareness; Mukisa.....	Page 19

FAMILY EMPOWERMENT; Mukisa Foundation

Workshops.....	Page 20
Income Generating Activities (IGA).....	Page 21
Our Farm.....	Page 21
IGA Trainings.....	Page 21
Success Story; Aunty Bridget.....	Page 22
Success Story; Sheila Namirimu.....	Page 22
Events and Activities; Mukisa Foundation.....	Page 23

OUTREACHES.....Page 24

SCT STAFF MEMBERS.....Page 25

SCT VOLUNTEERS.....Page 26

SCT FINANCES,

Income.....	Page 27
Expenditure.....	Page 27



From the Director...



Dear Special Children's Trust Partners, Friends and Well-wishers,

I congratulate you upon the successful end of 2015. Although filled with many challenges; it has been one of the busiest and most successful years so far.

We have never had so many children and families accessing our services or had as much interest from the public as we did this year.

This year we had a total number of 189 children join the Mukisa family for Therapy, Education, Vocational Training, Medical Services and Referrals. This year we had a total of 77 children at Dawn Children's Centre, receiving services in Occupational Therapy, Physiotherapy, Behavioural Training and Special Education. We also saw a total number of 114 new children in our outreaches to Luwero, Nkokonjeru and Nansana.

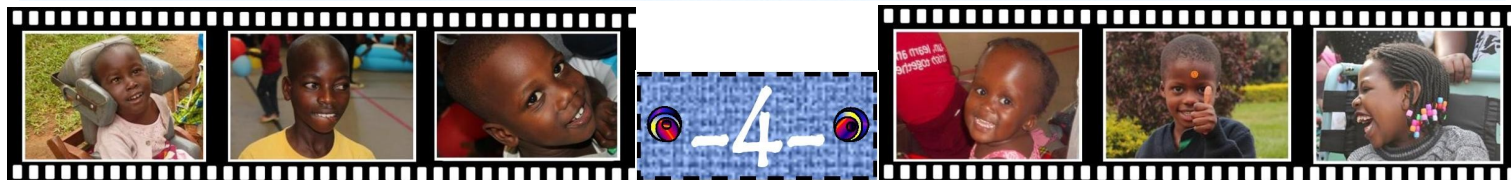
We also made new partnerships with other organizations and individuals both here in Uganda and overseas. We welcome all our new partners and thank them for their role in furthering this cause.

In this report you will find a summary of all our activities during the year from our different departments, major events in which our children were involved and a number of success stories to remind us that, in a world where most of what we hear is bad, there are many good things happening too and that sometimes all it takes is for each one of us doing the little we can to make a real difference in the lives of others.

So I hope that you enjoy reading this report and that you will be encouraged to start or strengthen your involvement with Special Children's Trust, for it is only together that we can achieve this vision of 'Building a better and safer Uganda for children with special needs.'

On behalf of the entire SCT Family, I would like to wish you good health, joy, and a prosperous 2016.

Yours sincerely,
Florence Namaganda.





Special Children's Trust



Who we are and what we do...



In May 2015, the Special Children's Trust celebrated three years in operation as a non-profit organization, with the aim of reaching out in love, offering hope and restoring dignity to children with special needs and their families in Uganda.

The vision of the trust is to build a better and safer Uganda for children with special needs.

The Special Children's Trust is an umbrella organisation for a number of projects working with children with special needs in Uganda. It was registered as a CBO (NAK/11/065) in 2010 and as NGO (S.5914/9715) in 2012, with the goal of consolidating the work and building a larger base for funding, management and a stronger voice for the plight of children with special needs in the country.

The Trust started in 2006 as Mukisa Foundation... *hope for children with special needs*. Mukisa Foundation is based in Lungujja, Rubaga division, Kampala with the aim to empower families who have children with special needs so that these children can lead purposeful lives to their full potential, through activities such as Therapy and Medical services, Special Needs Education and Vocational Skills Training for children and their families, as well as Income Generating Activities, Counselling and Parent Support Groups. Through the years, Mukisa has supported over 600 children and their families.

There are also a number of outreaches started under Mukisa foundation such as Luwero, Nkokonjeru and Fort portal outreaches. These serve to take services closer to the people in rural areas.

In 2008, after realising that there was a big need for a safe place where children with special needs could be cared for and receive therapy under one roof, as well as have access to fun activities tailor made for them according to their abilities, Dawn Children's Centre was created in Bukoto.

The Dawn Centre is an Inclusive Kindergarten and Day Care facility which provides quality care for children with special needs and quality education where children with special needs and those without can have fun, learn and flourish together. They also offer therapy services in Physiotherapy, Occupational Therapy and Speech and Language Therapy.

The trust is at the fore front in the advocacy for the rights of children with special needs through awareness campaigns, social media, Television, radio and Newspaper articles.



Provision of quality care for children with special needs.

Advocacy/Awareness campaigns and trainings for parents who have children with special needs and their communities, students and all those interested in the plight of children with special needs.

Improvement of household incomes for families who have children with special needs.

Capacity building for the organizations and staff members under the Trust

Networking and linking organizations/projects and all persons with interest in the welfare and development of children with special needs in Uganda;

Our MISSION...

*"Reaching out in Love,
Offering Hope and
Restoring Dignity to
children with special needs
in Uganda."*

Our VISION...

*"To build a better
and safer Uganda
for children with
special needs."*

Success Story: VICTO KISAWUZI...



VICTO KISAWUZI is a young lady currently working with the Special Children's Trust at Dawn Children's Centre.

Victo started working at Dawn in 2013 as part of the housekeeping team. She would clean the classrooms in the morning, after breakfast, after lunch, after snack and at the end of the day before going home. She was a very dedicated and hardworking young lady.

At times during the day she would assist the Kindergarten teacher with escorting and supervising the children outdoors and during free play and occasionally assist the children with creative activities and arts and crafts during class time.

Victo developed a keen interest in teaching and was so amazing with the children that she went on to start a teaching course at the YMCA in Kampala.

Throughout the duration of her studies Victo has progressed within Dawn from a cleaner, to a teaching assistant and now a full class teacher. She has been teaching our middle class children for the past year and a half as she links the practical work of handling children with the theory she has learned in the class room at school.

Victo has become a dedicated and creative teacher who loves all our children no matter what their abilities and no matter what difficulties they have. She has learned how to adapt the work she teaches to cater for different needs and levels of ability and she has a special bond with the children she teaches.

We are extremely proud of her, how far she has come and how dedicated she is to giving children with special needs the education they deserve. We look forward to seeing her progress and learn even more in the future.



Advocacy and Awareness...



FUN DAY 2015!

Saturday 4th July was the day for our Annual Awareness and Fun Day 2015. We marched, we played games, participated in different sports activities, we sang, we danced and we had LOTS OF FUN!

A total of 21 Schools participated in the gala and a total of almost 800 children.

Our special thanks to the Deputy Speaker of Parliament, Mr Jacob Oulanyah and Chairman of the SCT Board, Mr Sam Mayanja for their presence and support.



Network Meetings

We held 2 Network Meetings this year. The first was held at CURE Hospital in Mbale on 11th April 2015 and the second at Dawn Children's Centre on 7th November 2015. These meetings bring together many schools, centres and organizations working with children with special needs in Uganda with the aim to create one louder voice fighting for the rights of these children to health care, therapy and education. The meetings are proving successful as we all partner together to make Uganda better and safer for children with special needs.



Teacher Training

In August 2015 we held our very first Teacher Training. All teachers were welcome from any school, whether special needs teachers or regular teachers, special schools, regular schools or inclusive schools, to participate in our training. We talked about disability, how to facilitate children with special needs in the classroom, creative classroom and teaching methods and more.

We had a total number of 60 Teachers and Child-care Workers attend the training from 22 different schools and day care centres.

The training was a success and we hope to carry out more of these trainings in 2016.



Parliamentary Visits

This year Special Children's Trust was able to make a number of visits to Parliament in October 2015. During our Annual Awareness Day, the Guest of Honour, Deputy Speaker Jacob Oulanyah agreed to follow up on special needs policies in parliament, especially regarding inclusion. These parliamentary visits were to follow up on those promises and see if any progress had been made.



Mukisa Foundation



Our Background...

One in every 10 children in Uganda is born with some form of disability. These range from extremely severe physical and/or mental disabilities, to very mild ones that are hardly noticeable. However, most communities still view disability as a bad omen, bad luck, punishment or a curse for the sins the parents must have committed. Some people see disability as witchcraft or a contagious condition that should be avoided, which leave families who have children with disabilities alone and isolated. The lack of readily available support and information to parents prevents them from giving their children quality care at an early age, which in turn increases the severity of the children's condition.

Mukisa foundation was created to support these families in whatever way possible so as to enable them to deal with their situation and facilitate the growth of the children to their full potential.

What we do...

- To be a one stop centre to equip guardians with skills and information to enable them to manage, understand and develop strategies to deal with disability and its consequences, for the delivery of an integrated and comprehensive range of support services nationally;
- To establish an effective approach in promoting early intervention, in encouraging proper treatment and care that enhances children and adults with disabilities.
- To create awareness and counsel among the public, on how to evolve, adapt and integrate children and persons with disabilities into modern, effective, efficient and creative care models by focusing adoption of new help care aids and technology.
- To provide counseling services linking parents, guardians to other help service providers to link up with people in society to secure a better and stable home and care environment.
- To promote and represent an advocacy forum for children and people with disabilities in homes, non-governmental institutions, civil society organization and public sector in general through existing agencies, such as, ministry of health and also directly with government authorities.
- To set up Income Generating Activities for the support and sustainability of the Organization and create working opportunities for people with special needs.
- To provide appropriate training and research facilities and services to various stakeholders in the Organization; To participate in training and research in various professions.

OUR CORE VALUES!

EXCELLENCE

DILIGENCE

CONFIDENTIALITY

EMPATHY

RESPECT

PATIENCE

INTEGRITY

TEAMWORK





Hope for children with special needs...



Mukisa Foundation is a comprehensive support centre (NGO), that was started in 2006 with the aim to support and empower families who have children with special needs so that these children can lead purposeful lives to their full potential.

Over the years, Mukisa Foundation has seen its numbers grow from the first eight children, to over 600 children and their families, who have been blessed by the receiving of various forms of Therapy and assistance. Although Mukisa started by assisting families mainly within the Kampala area there are now families from a much wider spectrum passing through.



Our MISSION...

"To support and empower families who have children with special needs."

Our VISION...

"To create strong family units which will enable children with special needs to lead purposeful lives to their full potential."



Dawn Children's Centre...



Our Background...



Dawn was the first of its kind in Uganda with all specialist services including Physio and Occupational therapy, Speech and Language Therapy, Special Needs Education, Special Aids and a Resource and Information Centre under one roof.

In 2012 we expanded Dawn from a Day Care Centre to an Inclusive Kindergarten and Day Care Centre.

We provide all Kindergartens levels of education and Day Care services from the age of 6 months to 7 years.

Dawn aims to provide a safe environment for children with special needs and children without special needs to grow and learn together.



Dawn was established in July 2008 to help support parents who have children with special needs by providing quality care for their children and helping them to understand their children's condition so as to handle their situation more effectively.



A total of 158 new children registered at Mukisa this year for Therapy.

Some of these children started therapy and some were not appropriate for Mukisa services but we were able to refer them on to other places.

Total no new clients registered	158
New clients who started Therapy	82
Clients referred elsewhere	16
Did not return	60

General and Group Therapy sessions were conducted with drop in and daycare clients throughout the year, with the major emphasis put on meeting the smart goals set for each child. Parents were also advised to take part in therapy sessions so as to learn some activities to be done at home on the days they don't come to the Centre.

Time for individualised therapy was re-scheduled with a morning session starting at 8:00am on a first come first served basis and mothers welcomed it. They have been trying as much as possible to come early for this session and the rest are covered after group therapy which lasts from 9:45-10:30am. This has yielded benefits, for instance, a reduction in the numbers covered by each therapist after group therapy, therefore availing more time for clients, relieving time pressures on therapists and allowing mothers to go back home by 1:00pm.

Group Therapy allows children time to have fun and interact together with other children, as well as giving the parents an opportunity to socialise and get to know each other. It also provides a platform for communication between Mukisa administration, therapists and parents. This year it allowed us to identify which topics the parents wanted to be enlightened on and it's from these we were able to derive the workshops and trainings.



General attendance for Therapy, including both Occupational and Physiotherapy, this year was good.

Attendance showed some increase in the second half of the year possibly as a result of mid-year awareness campaigns, including fun day, awareness march and interview on TV.

Below are the attendance numbers for Therapy throughout the year.



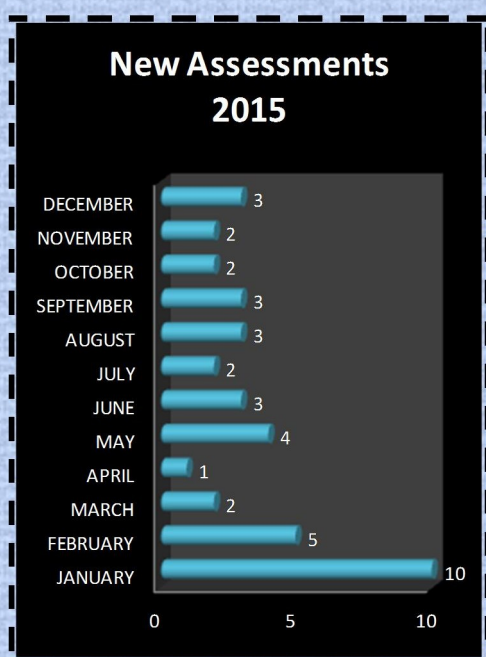
	Jan	Feb.	Mar	April	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	Total
Tue	-	90	113	60	65	70	104	102	146	117	84	98	1049
Wed	-	76	92	102	68	66	117	79	122	123	85	66	996
Thur	-	66	76	69	41	82	107	88	75	103	73	73	853
Fri	-	73	87	49	61	74	65	82	89	76	77	23	756
Total	-	305	368	280	235	292	393	351	432	419	319	260	3654

New Assessments...

Many parents with children with disabilities have never been told what condition their child has. Paediatric specialists at Dawn Centre provide quality Assessments for children with special needs and support for parents, explaining observations in easy-to-understand terms.

A total of 39 new assessments and 1 re-assessment were carried out in 2015. Results are seen in the table below according to months.

Total number of able-bodied children registered for Kindergarten was 2.



Total no new clients registered	42
New clients who Enrolled in School	16
New clients who Enrolled for Therapy only	6
Did not return	20

A variety of conditions were observed in the children who received new assessments this year, including; Autistic Spectrum Disorder (ASD)(14), Developmental Delay(7), Down's Syndrome(3), Cerebral Palsy(9), Learning Disability(3), Spina Bifida(1), Epilepsy(1) and Hydrocephalus(1).

The most common conditions being ASD and Cerebral Palsy.

PHYSIOTHERAPY is provided at Dawn for all children with physical difficulties, using the Neuro-Developmental technique; Bobath. Dawn has 1 Physiotherapist.

26 children were seen for Physiotherapy this year.

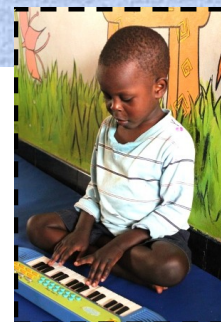
OCCUPATIONAL THERAPY is provided for all children at Dawn with physical or mental disabilities. It's main focus is on functional activities in assisting the children to become as independent as possible with activities of daily living, as well as, play and appropriate social interactions.

49 children were seen for Occupational Therapy this year.

BEHAVIOURAL THERAPY is provided at Dawn by the team of Occupational Therapists, 3 in total for children with Autism or Behavioural Challenges. Its focus is on helping children to understand social rules and routines as well as develop appropriate social and physical behaviours.

17 children received Behavioural Therapy this year.

HOME BASED CARE is a new concept introduced to Dawn Centre this year. There is a lack of consistency between routines and therapy established at school and how it is followed up within the home environment. In October and November a total of 4 home visits were carried out successfully with various children. We hope to continue establishing a quality Home Visit Programme in 2016.



SPECIAL CLASS...

Mukisa Class had 3 new children join this year giving them a total of 10 children, Christian, Godwin, Patra, Joel, Elvis, Godfrey, Daline, Patience, Tracy and Shinat.

We are delighted that four of these children were able to graduate in December 2015 and will be moving on to other schools. JOEL will be going to an Inclusive School nearby, PATRA and CHRISTIAN will be going to Kampala School for the Physically Handicapped and SHINAT will be going to Regular School.



JOEL



PATRA



CHRISTIAN



SHINAT

AUTISM CLASS...

The Autism and Behaviour Class has now been running for 4 years.

There has been a major increase in the number of children that have been assessed with Autism. A total of 26 this year. There is a big need for Autism Class to grow, however it can only take on a maximum of 5 children due to space issues.

There are 4 children who attend afternoon class on a daily basis and the rest of the children attend Occupational Therapy sessions in the morning hours as they wait for spaces to open up in class.





The Creative Learning Centre (CLC) was set up in partnership with CRANE Network for girls who have dropped out of school or have never been to school because of disability. We accept girls between the age of 9 and 35.

The role of the CLC is to build independence, confidence and self esteem, as well as teach the girls useful skills. Many of the girls start when they have no independence in self care or hygiene and aggressive behavior. Some of the things they learn in CLC classes are:

- * Self care/ Hygiene skills, such as, bathing, brushing teeth and others.
- * Social skills and interaction with others.
- * Basic numeracy and literacy skills.
- * Drama and Sports.
- * Child Protection and keeping themselves safe.
- * Housework.
- * Crafts and skills, such as, making table or door mats, scarves and bead work.



CLC identifies skills each girl shows an interest and potential in and once a certain level of independence is reached they are promoted to Vocational Class to build on the development of those skills.

10 girls continued with CLC into January 2015 and throughout the year 17 new girls joined the programme. A total of 27 girls were trained in the CLC in 2015.

16 of those girls were promoted throughout the year; 2 to Mukisa School, 1 to Mainstream School, 1 to Special School, 9 to Mukisa Vocational Class, 2 were integrated back into community and 1 into the Watoto Living Hope Programme. 11 girls will be continuing with CLC in 2016.

VOCATIONAL CLASS...

Vocational Class teaches a number of skills, such as, in order to increase independence , reintegrate them into society and help them earn a living. An Apprenticeship programme was started for some children on a small scale to provide them with a work placement that gives them training on the job, with a view to them being employed afterwards. We hope to continue the Apprenticeship Programme on a larger scale in 2016.

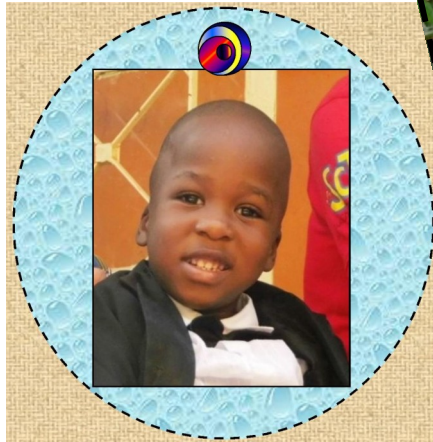
11 children were trained in the Vocational Class in 2015.

We were delighted that 4 of these students were able to graduate in December. Hilda and Joseph, will be going to the Watoto, Living Hope Programme. Max will be reintegrated into the community and hopes to start a small business making scarves and sweaters and Teopista will be working for the Mukisa Guesthouse..





Success Story: JOEL KIYINGI...



JOEL KIYINGI is 5 years old and lives with his parents in Masanafu, which is very far from Mukisa Foundation. He was diagnosed with Cerebral Palsy during his assessment at Mukisa Foundation in 2011. The mother didn't understand what was wrong with her child and thought he was just delayed and couldn't sit. He joined Mukisa in 2011 to receive Therapy.

He started attending classes at Mukisa School in 2014.

When Joel first joined Mukisa in 2011, he could not sit or crawl independently and required a Cerebral Palsy chair to assist him with sitting. He was unable to feed himself and required a lot of assistance with any form of class work.

As a result of continuous Therapy and dedication from both Mukisa staff and his parents, Joel has made a lot of progress.

He is now able to sit and crawl independently. He can sit in a regular chair and is able to write and complete his class work independently and he can also feed himself.

We were able to promote Joel to another school at the end of 2015.

He will be attending an Inclusive School (Spring Valley Nursery and Primary School) which is close to his home and easily accessible for the mother. It is also close by Mukisa which means he can still receive Therapy on a regular basis.



Success Story: HILDA NAMBI...



Nambi Hilda is 18 years and is cared for under Watoto Childcare Ministries. She stayed with her guardian and 7 siblings. She joined Mukisa Foundation as part of a trial internship, in partnership with Watoto.

When Hilda first came to Mukisa she had challenges with hygiene, social interaction, social skills and showed no respect for others around her. After 6 months in the Creative Learning Centre she made a lot of progress in all her challenge areas, as well as learning basic skills in numeracy and literacy.

She was then promoted to the Mukisa Vocational School in January 2015, where she learnt how to knit scarves, knit table cloths, weave baskets, make envelopes and bead work perfectly well. She can also knit sweaters with supervision.

She has now graduated and has been employed by Living Hope Ministries, under Watoto, where she will work with other ladies to make crafts that are sold all over the world.

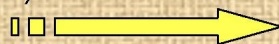
Hilda is an example of many young girls who people would have given up on due to their challenges with independence and social interactions but her story teaches us that with love, patience and persistence, every child can learn and reach their full potential.



55 children received education from enrolment in the Dawn Inclusive Kindergarten this year.

Dawn Children's Centre Inclusive Kindergarten was started three years ago and has a total of 5 classes; Common Room, Special Class, Baby Class, Middle Class and Top Class. These classes are inclusive catering for the educational needs of children with special needs and children without special needs, providing them with an opportunity to have fun, learn and flourish together.

Total children who received education, skills training and sensory stimulation from each class this year, 2015.



Common Room	14
Special Class	13
Baby Class	18
Middle Class	14
Top Class	7

A variety of conditions were observed in the children who were part of the Dawn Kindergarten this year;

- * Autistic Spectrum Disorder (ASD),
- * Developmental Delay,
- * Down's Syndrome,
- * Cerebral Palsy,
- * Learning Disability,
- * Spina Bifida,
- * Epilepsy,
- * Hydrocephalus
- * Muscular Dystrophy and
- * Sickle Cell Anemia.



The total number of children without special needs was 13.

This year we were able to hold our first official Dawn Inclusive Kindergarten Graduation, in which 4 of our children, Kourtney, Kisha, Ashiley and Elisha, graduated from Top Class. 2 of them will be going to Sancta Maria Primary School and 1 to Kitante Primary School. The other is yet to decide. We wish them all the best for their future and hope there will be many more Dawn Graduates in the years to come.



KOURTNEY



KISHA

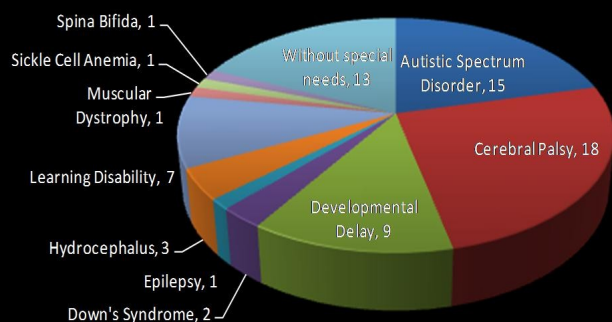


ASHILEY



ELISHA

Conditions observed in children attending Dawn in 2015

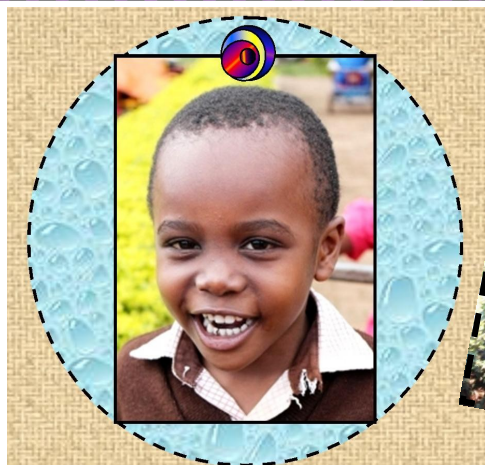




Success Story: PEYTON SEPUYA...



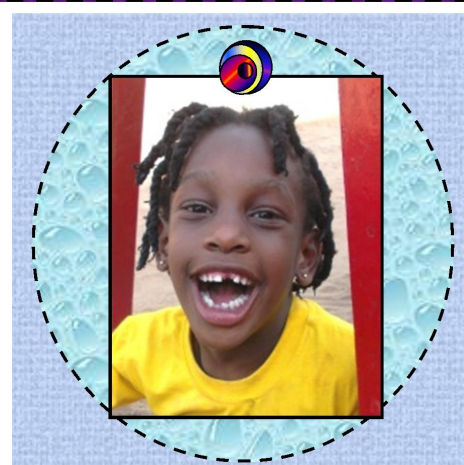
Success Story: MELISSA ONDOGA...



PEYTON SEPUYA first came to Dawn in July 2014. The parent informed us that Peyton was diagnosed with Autistic Spectrum Disorder and she requested for help in understanding and managing his behaviour and development.

An assessment was carried out and Peyton enrolled in Dawn Kindergarten immediately. During his first term at Dawn Peyton had difficulty adjusting to a new environment and being surrounded by new teachers and peers. His concentration and attention was very low and he was easily distracted, finding it hard to sit in one place to do any class work or creative activities. He had no verbal communication and was only able to communicate his needs by holding your hand and taking you to items or objects he wanted. He had very little independence in self care activities, such as, bathing, dressing and brushing teeth but he was able to indicate when he needed to use the toilet.

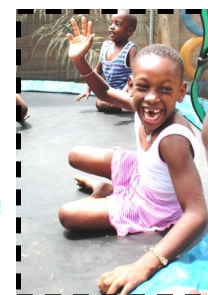
During his time at Dawn Peyton has made a lot of progress. He is now able to sit in class for longer periods of time and concentrate on different activities. He has developed an increased ability to make eye contact and initiate interactions with others and is a very caring boy, as well as developing more verbal communication. He is now able to verbalise words in the correct context and has started constructing simple sentences. He is also developing independence in dressing, bathing and brushing his own teeth. All of us at Dawn and Peyton's mother are so happy with the progress he has made.



MELISSA ONDOGA is a very happy, friendly girl who smiles a lot. She first came to Dawn in 2012 and an assessment was carried out when she was 3 years old. Melissa started attending Dawn Centre full time in January 2013. When she first started she was very unstable in sitting, either on the floor or on a chair, she moved from one place to another by crawling, had very limited motor skills and hand function and she wasn't able to use the toilet independently or appropriately.

Over her time at Dawn she has received both Physio and Occupational Therapy as well as Special Education. She is now able to stand and walk independently, she is able to sit independently in class with no support and does her class work with some motivation and encouragement. She is also able to use the toilet independently.

Melissa is now 6 years old and she has made a lot of progress in motor function and academics and is continuing to work on strengthening her stability in walking and practicing her handwriting. She is also starting to make progress in her speech but struggles with articulation of words and is working on using gestures and other forms of appropriate communication too.

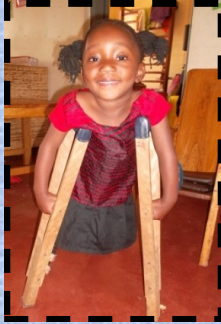




Medical and Nutritional Support...

MEDICAL and NUTRITIONAL SUPPORT is extremely important for children with special needs to ensure good health and continued development.

We partnered with doctors and major health providers in the region to ensure that all our children received proper healthcare and supplements when needed in 2015;



- * 12 children were referred to major hospitals, such as, Mulago, Rubaga and Butabika, for further management and proper healthcare.
- * 92 children received medication from Mukisa Foundation for different ailments, on a regular basis or once in a while.
- * 70 children received medical support through financial contributions to hospital bills and upkeep in terms of cash, amounting to a total of 1,261,500/-
- * 70 children received nutritional support to boost their health.
- * 2 families received nutritional support in terms of cash amounting to a total of 490,000/-



Home Based Care...

This is aimed at taking Therapy and other services into the community and closer to the families, teaching them techniques to allow them to care for their children better and making important observations about the home environment of each child.

In a bid to take our services closer to the children and their families, as well as improve follow up and documentation, the number of people carrying out home visits was increased this year.

Total number of home visits carried out was 868, an increase from the previous year.



The Social worker and her team carried out a total of 462 home visits this year, 2015.

The Therapists carried out a total number of 366 home visits throughout the year.

Of the 40 visits made by the Nurse, 28 were made to the home environment, 1 visit was made to the school environment and the remaining 11 were hospital visits.

All these home visits are conducted on Mondays.

Advocacy and Awareness...

This year Mukisa Foundation was represented on Bukede TV. Florence Namaganda, Director of Mukisa Foundation was hosted on the Medical show every Monday and Tuesday for 1 month. She did a total of 8 shows in which she talked about disability and answered questions from the public.

Each show was filmed on location at Mukisa Foundation showing footage of various different activities that happen at Mukisa on a daily basis.

The response from the shows was huge. There was an increase in the number of children brought to the Centre for assessments and there was also a noticeable increase in both interest and donations from the general public.

We hope there will be even more awareness opportunities next year.





Workshops...

GYNAECOLOGY

- * Conducted on 5th June 2015.
- * 43 caretakers attended this workshop.
- * Conducted by a Gynaecologist from Nsambya Hospital, Dr Lumala Alfred.
- * This was a Question and Answer session about the female reproductive system. How is it affected by infections? and the possible relation to disability of their children.

CEREBRAL PALSY (CP)



- * Conducted on 18th and 19th June 2015.
- * 20 and 23 caretakers attended respectively.
- * Conducted by the Therapists and Nurse at Mukisa Foundation.
- * Topics discussed were:
 - * Introduction to CP,
 - * The course of CP from prenatal, antenatal, perinatal to postnatal,
 - * Causes of CP,
 - * Problems associated with CP and interventions,
 - * Prevention of CP.

NUTRITIONAL



- * Conducted on 10th and 11th September 2015.
- * Registered 30 and 23 caretakers on the two days respectively.
- * Children with special needs tend to be prone to malnutrition due to a number of factors, inclusive of the mothers not having the necessary information to provide good nutrition for their children.
- * Topics discussed were:
 - * Different kinds of foods that are healthy for the body, especially the child's body,
 - * How to balance these foods appropriately,
 - * How to prepare food in a way the child can digest it, irrespective of their conditions.
 - * A section on appropriate body positioning, feeding and bowel management was also included in the workshop.



There was a HAND SKILLS TRAINING carried out at Mukisa aimed at empowering parents with skills in crafts, specifically making beaded and fibre bags. This project was supported by CRANE Network and a total number of 18 parents learned how to make these bags. This project will become a continuous Income Generating Activity within Mukisa.



We held an IGA TRAINING WORKSHOP on 19th and 20th November 2015, conducted at Mukisa by Merab Manige from Youth Empowerment Centre. A total number of 52 parents attended this workshop to receive training in book keeping, managing a business and customer care.

Our FARM



This year, 2015, has been a successful year for the Farm. We were able to harvest, pluck and mill our maize as well as plant sweet potatoes and cassava. This year we were also able to sell some of the harvest, as well as give some to the Centre for eating.



We are thankful for the opportunity to use this land for free.

ITEMS	QUANTITY
MATOKE	91 bunches
CASSAVA	12 baskets
SWEET POTATOES	21 baskets
BANANAS	3 bunches
MAIZE BRAND	450 Kgs
MAIZE FLOUR	775 Kgs

Total harvest from 2015 is as follows:

IGA Trainings 2015

A total number of 72 parents were trained in different Income Generating Activities in 2015, including liquid soap making, counter books making, candle making and crafts.

SKILLS	NUMBERS
LIQUID SOAP MAKING	32
COUNTER BOOKS MAKING	12
CRAFTS MAKING	27
CANDLE MAKING	1





Bridget Nakanwagi is a 12 year old girl who lives with her uncle and aunt. They took her in after the death of both her parents in an accident, which happened when she was 3 years of age.

Bridget has Sickle Cell Anemia, requiring daily intakes of folic acid and is in and out of hospital regularly for blood transfusions. She is fully dependent on her aunty for her daily living needs due to her health condition.

She also developed Cerebral Palsy as a result of asphyxia. Bridget cannot sit, crawl or stand, nor can she walk, due to the spasticity and contractures in her limbs. In addition to this she cannot feed her self and depends on soft food due to her inability to chew solid food and her poor posture.

Bridget is on the Mukisa Home Visit Programme and is visited by an Occupational Therapist on monthly basis. She also received a wheel chair from Mukisa to aid with mobility. Bridget's aunty and uncle enrolled her in a school where she has reported progress in different areas.

The family was struggling financially, especially to meet the costs of Bridget's medical bills, as the Aunty was unable to find a job. Mukisa Foundation recognized that Aunty Bridget had many skills in crafts and decided to offer her a job in the CLC.

She taught the girls different skills in sweater making, basket weaving and envelope making, as well as building their confidence and developing their social skills.

This source of income has helped to improve Bridget's family situation at home, as well as helping to build up Aunty Bridget's esteem.

This is the vision of our Family Empowerment Programme, to see not just an individual child's progress, but to see an entire family situation change for the better.



Success Story – SHEILA NAMIRIMU...



SHEILA NAMIRIMU is 4 years old. She lives with her parents and three siblings in Kosovo.

Sheila was diagnosed with Down's Syndrome at 4 months old. She first came to Mukisa Foundation in 2013 and starting attending for therapy services immediately. On her first visit to Mukisa she was very floppy and had delayed developmental milestones. She was unable to sit or crawl.

By the end of 2013, Sheila was able to sit and crawl independently and had started to stand with support. Right now she is also able to stand and walk independently and has started attending cognitive training sessions as an extension of her Therapy programme

Pampering Day

We held a pampering day for Mukisa Mama's in May 2015. There were facials, manicures, pedicures and more. Making our mother's feel special for all they do to take care of their children with special needs.



Speech Therapist's Visit

We had a team of Speech Therapists from the USA visit us from 11th to 18th December 2015. They carried out assessments and gave recommendations to parents about appropriate and safe feeding to avoid respiratory complications and also how to improve children's speech.



Christmas Party

This year our Mukisa Christmas Party was held on Friday 18th December 2015. A total of 211 caretakers attended the party, of which 19 came from the Luwero outreach. We gave out hampers of Christmas goodies to every family.



Clinical Trial

We held a Wheelchair Clinical Trial in September 2015 with Shona Quip from South Africa. They came with a team of professionals, an Occupational Therapist and Orthopaedic Technologists for a trial on rigid foam that can be used in wheelchairs for proper alignment of a child's body in accordance with a particular deformity at low cost. We hope when this study is completed that these wheelchairs will be made available in Uganda.

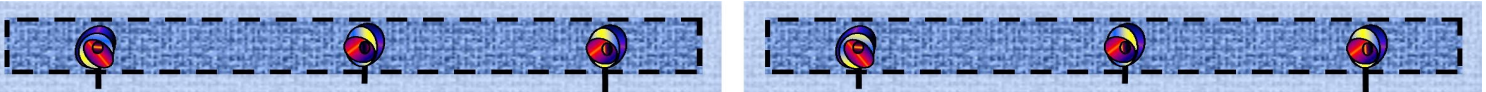


OUTREACHES are an important part of the Mukisa schedule in bringing much needed services to the communities and villages.

In 2015 we visited Luwero once every three months, on the last Friday of the third month, conducting a total of 4 outreaches.

We continued with outreaches in Luwero; Katikamu and due to the large numbers of children this year we decided to add another outreach in Luwero; Mamuli. Children were given services in Therapy, Dispensing of Medication, Hygiene and a Sickle Cell Workshop.

The total number of children seen in Luwero throughout the year was 83.



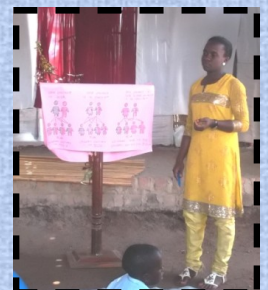

DATE	No of CLIENTS
27th FEB 2015	12
29th MAY 2015	23
28th AUGUST 2015	25
27th NOVEMBER 2015	23
TOTAL	83

This year we introduced a NEW OUTREACH in Nansana; Wakiso, in partnership with Nurture Africa.

A BASELINE SURVEY was conducted once on 20th November 2015, where we saw a total of 66 children for services in Therapy and Health Education. A number of referrals were also made to major hospitals in Kampala for various children.

Most of these children have never received any therapy intervention or diagnosis, which meant the parents were unaware of their children's conditions and how to care for them appropriately.

From our findings, we have decided to conduct regular outreaches to Nansana every two months throughout 2016.





SCT STAFF MEMBERS...



SCT STAFF

Florence Namaganda
Sarah Sammons

Director
International Coordinator

MUKISA STAFF

Name:

Alexandra Bücker
Sonja Hagedorn
Alice Maria Eyoku
Candia Ceaser
Namuli Ida Doreen
Annet Nalule Musoke
Kibirige David
Kibirige Ronald
Baseka Juliet
Babirye Rebecca
Asiimwe Samuel
Nabbira Winnie Frida
Abulo Hellen
Namombwe Josephine Kisembo
Angella Nanyonjo
Nakibuuka Milly
Nakagwa Florence
Mutesi Prossy
Musumba Samuel
Serubiri Charles
Nansubuga Sophia
Byamukama John
Nalwoga Grace
Kuteesa Irene
Kigozi Sulaiman
Namaseembe Hellen
Asinguza Rhonah

Position:

Director
Director
Administrator
Financial Assistant
Social Worker
IGA Co-ordinator
Occupational Therapist
Occupational Therapist (Nkokonjeru)
Child Care Worker
Nurse
Physiotherapist
Physiotherapist
Special Needs Teacher
CLC Teacher
CLC Teacher
Craft Shop In-Charge
Assistant House Keeper
Guesthouse Keeper
Part Time Watchman
Full Time Watchman
Weekend Security
Part Time Security
Housekeeper
CLC Mentor
Occupational Therapist (Vocational)
Physiotherapist
Occupational Therapist



DAWN STAFF

Name:

Judith Akayo
Pius Katungi
Ronald Tugume
Solomon Bazaara
Sylvie Nakajubi
Milly Mukimba
Azidah Nambozo
Victo Kisawuzi
Jenipher Tushabe
Christine Muzaki
Zaina Nankya
Lydia Adakuru
Vanessa Sera
Mary Nalwoga
James Muhwezi
Divo
Emma
Samuel Musumba

Position:

Administrator
Occupational Therapist
Occupational Therapist
Occupational Therapist
Physiotherapist
Special Needs Teacher / Headteacher
Teacher
Teacher
Teacher
Childcare Worker
Childcare Worker
Childcare Worker
Childcare Worker / Supervisor
Housekeeper
Cleaner
Gate Keeper
Security
Security





SCT VOLUNTEERS...



VOLUNTEERS

MUKISA FOUNDATION

Name:

John Wangi

Margaret Nansubuga

Feni Emmanuel

Gertrude Nakalembe

Inga Eslage

Clara Schmidt

Luisa Klosterhoff

Johanna Naumann

Luisa Krah Sophie

Anna Nitsche

Katrina

Kathrin Schweizer

Ugandan Physiotherapist

Ugandan Social Worker

Ugandan Occupational Therapist

Ugandan Social Worker

German Red Cross; Psychologist

German Red Cross; Student

German Red Cross; Student

German Red Cross; Engineer

German Student

German Physiotherapist

German Teacher

Austrian Student; Theology and Social Work



DAWN CHILDREN'S CENTRE

Name

Isabel Franke

Marissa Papy

Sofie Sämann

Barbara Meinel

Saira De Ruiter

Naomi Habing

German Red Cross; Student

German Red Cross; Student

German Red Cross; Student

German Red Cross; Student

Netherlands Student; Social Work

Netherlands Student; Social Work





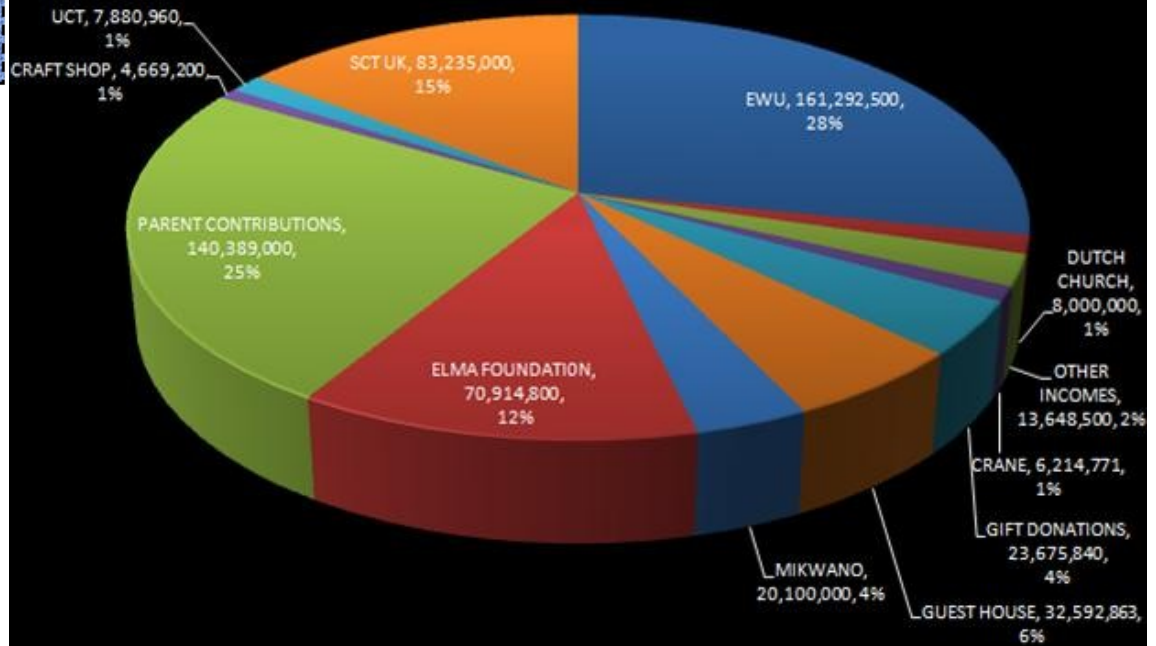
SCT Finances



Total Income:
Jan to Dec 2015:

572,613,434/-

SCT - Total Income 2015



Total Expenditure:
Jan to Dec 2015:

497,031,277/-

SCT - Total Expenditure 2015

